

Date of meeting:	Thursday 26 January 2017	Lenta Business Centre 46 – 48 East Smithfield London E1W 1AW
Time of meeting:	13:00 – 17:00	
Next meeting:	Tbc	

Minutes – Open Session

Present: Michael Watson (MW) (Chair), Sheila Inglis (SI) (Vice Chair), Margaret Coats (MC) (Chief Executive), Nicola Bastin (NB), Lynne Gray (LG), John Lawrence (JL), Patricia Mowl (PM), Hazel Russo (HR) (Secretary)

Action

- 1 **Welcome to Open Session**
MW opened the meeting and welcomed members.
- 2 **Apologies for Absence**
Apologies were received from Laura Quartermain (LQ) and George Lewith (GL) who had also sent a signed proxy form. MW informed members that Shaun Brookhouse (SB) had resigned from the Board and that his replacement would be discussed under AOB.
- 3 **Declaration of interests**
 - 3.1 MW invited members present at the start of the meeting to declare any Interests in relation to any item on the agenda. None were declared.
- 4 **Minutes of CNHCB – Open session held on 26 October 2016**
The minutes were approved as an accurate record.
- 5 **Matters arising**
 - 5.1 Nothing to report
- 6 **Governance**
 - 6.1 Review of core curricula
MC informed members that work is progressing on reviews of the core curricula for: Healing; Hypnotherapy; Nutritional Therapy; Reiki; Shiatsu and that she will update at future meetings.
- 7 **Staffing**
Nothing to report
- 8 **Commercial in Confidence**
Nothing to report
- 9 **Complaints**
 - 9.1 Update on complaints

MC informed members that the complaint referred to in the last meeting about a Hypnotherapist has been referred for a hearing by the Conduct and Competence Panel.
- 10 **Professional Issues**
Nothing to report

11 Operational Activities**11.1 Activities Report**

Members noted the contents of the Activities Report and thanked staff for their hard work during the last quarter.

12 Wider regulatory matters

Nothing to report

13 Engagement with the wider health and care agenda**13.1 Royal College of Public Health (RSPH) / PSA project**

MC informed members that several CNHC registrants had participated in the focus groups which had been run by RSPH as part of this project. She also confirmed that CNHC had forwarded to RSPH and PSA several examples of barriers and antipathy experienced by CNHC registrants, to be included in consideration of the survey that was sent to all CNHC registrants in September 2016. She confirmed that a report on the results of the survey will be published in due course.

13.2 NICE guidelines for low back pain and sciatica

MC informed members that on 30 November NICE published its updated guidelines on low back pain and sciatica and included massage under Manual Therapies, when used as part of a treatment package including exercise. Group Yoga classes were also included under 'Mind Body Exercise'. MC also informed members that the Alexander Technique was not included despite promising results noted by NICE and that acupuncture had been removed.

14 Any other business

Members noted that Meghan Mari (MM), a former member of the Board, had been designated as 'first reserve' for any registrant member vacancy and that she is willing to be re-appointed, though she is not available to attend the April and July meetings and is not yet sure about the October meeting.

Members agreed that MM should be re-appointed with effect from the end of July, or end of October, if she can't make the October meeting.

15 Dates/Times of Future Meetings**15.1 Thursday 27 April 2016, Thursday 27 July 2016, Thursday 26 October 2016**

MW informed members that he was no longer available for Thursday 27 April. It was confirmed that an alternative would be sought as close as possible to this date.